

NEWSLETTER

JUNE- AUGUST 2024



Index

- Elder Abuse Awareness Day
- International Day of Yoga 2024
- Matariki Festival Celebration
- School Holiday Programme
- Sandhya Bokil ji Recognised by Auckland Council
- Asian Hauora Day Announcement
- India's 78th Independence Day Celebration
- Independence Day at Bal Vikas

Seniors Stand Together on World Elder Abuse Awareness Day

Over 200 seniors from Bhartiya Samaj Charitable Trust gathered on June 8th to raise awareness about elder abuse, coinciding with World Elder Abuse Awareness Day. The event included informative talks on support resources for seniors, a musical performance by attendees, and concluded with a delightful Indian lunch, promoting community engagement and support.

World Elder Abuse Awareness Day: Protecting Our Seniors

A key part of our gathering had focused on Elder Abuse Awareness, with an emphasis on financial abuse, which included stealing money, forging signatures, or pressuring seniors into unwanted decisions. Key points included recognising signs such as unexplained withdrawals and changes in legal documents, taking preventive steps, and seeking help. The goal was to protect our seniors and ensure they are treated with dignity and respect.



10th International Day of Yoga 2024 Celebrated in Auckland

The 10th International Day of Yoga 2024 was celebrated at the Mahatma Gandhi Centre in Auckland, organized by the Auckland Indian Association and the High Commission of India. Attendees enjoyed a guided yoga session, promoting mindfulness and self-care. The event highlighted yoga's role in enhancing physical and mental well-being.

Bhartiya Samaj and Roopa Aur Aap Celebrated Matariki Festival with Community Gathering

On June 22, 2024, Bhartiya Samaj Charitable Trust and Roopa Aur Aap Charitable Trust celebrated the Matariki festival at Mount Roskill War Memorial Hall. Over 200 seniors, dignitaries, and community leaders attended. The event featured captivating performances from Bal Vikas children and a mesmerizing Māori Kapa Haka group, celebrating Māori culture.



School Holiday Programme: A Week of Fun and Creativity!

The School Holiday Programme was a fantastic success! Children enjoyed four days of exciting activities, including arts and crafts, cooking, cultural celebrations, and sports. Highlights included making clay crafts, preparing fresh apple jam, a cultural dress-up day, and a pizza party with dancing.



Honouring the Bhartiya Samaj Volunteer:

We are thrilled to announce that Sandhya Bokil ji has been honoured by the Auckland Council, Puketapapa Local Board for her exceptional volunteer work with Bhartiya Samaj Senior Citizens. Her dedication and passion have significantly impacted our community.

Health and Wellness Spotlight: Announcing Asian Hauora Day with Dr. Mithila Gadkari

We were privileged to host Dr. Mithila Gadkari, Health Promoter and MVE Coordinator at Asian Family Services, who announced the Asian Hauora Day on 6th September, offering free wellness checks and health information for Asian communities. She highlighted the importance of raising awareness around gambling risks and informed decision-making.



Celebrating India's 78th Independence Day: A Grand Community Gathering!

We celebrated India's 78th Independence Day at Mahatma Gandhi Hall with 1000+ attendees. The event was graced by HE Neeta Bhushan ji, Prime Minister Christopher Luxon, and esteemed community leaders. Special thanks to Uttarakhand Association of New Zealand and NZ Telugu Association for organising this successful celebration and to Auckland Indian Association for the delicious lunch!



Celebrating India's 78th Independence Day at Bal Vikas: Showcasing Culture and Talent

We celebrated India's 78th Independence Day at Bhartiya Samaj Charitable Trust's Bal Vikas Language and Cultural Class with fantastic performances by our talented children, showcasing their cultural learnings! A big thank you to the parents for attending, and special thanks to Roopa ji, Vidya ji, and Kanika ji for organising and supporting this wonderful event. The children's hard work truly shone, making the celebration both memorable and meaningful.

