



APRIL-JUNE 2022

SENIOR'S MEET POST LOCKDOWN

FUN & FRIENDSHIP GALORE

As the COVID-19 restrictions were relaxed, the Bhartiya Samaj South Auckland Chapter met in April after a long time.

While the first meeting of 2022 took place at Chawla Indian Restaurant on April 2, the Bhartiya Samaj seniors turned up in big numbers at meetings held at Mount Roskill War Memorial Hall and at South Auckland on April 23 and May 2, respectively.



Seniors meet at Mt Roskill

On both the occasions, seniors were overjoyed to meet in person. The community bounced back stronger after COVID-19 restrictions eased. Seniors danced and sang along renowned singer Gopal Bhatia ji, who entertained them with his melodious voice by singing some popular Bollywood numbers.



Seniors meet at Chawla Indian Restaurant (left) and South Auckland (right)

Prior to the in-person meeting, Bhartiya Samaj Charitable Trust (BSCT) conducted a zoom meeting for seniors with two sessions – a Yoga session & a round of tongue twisters game.

In the first session amazing Anuradha Jha ji conducted a yoga class and a Q&A round to discuss benefits of Yoga.

The second session was dedicated to a tongue twister game wherein seniors had a good laugh.

Seniors wished each other on the festivals of Ram Navami, Baisakhi, Easter and ANZAC Day.



Photo: NICOLA WILLIAMS

Sergeant Gurpreet Arora MNZM took a Workshop on Elder Abuse for BSCT seniors at Flatbush Community Hall.



A workout session during a seniors' meet at Mt Roskill

Roopa Suchdev ji made children at the Bal Vikas Language & Cultural classes aware about the ANZAC Day.



Eid

MUBARAK

APRIL-JUNE 2022

BHARTIYA SAMAJ CHARITABLE TRUST
SHARED WISHES ON EID UL FITR

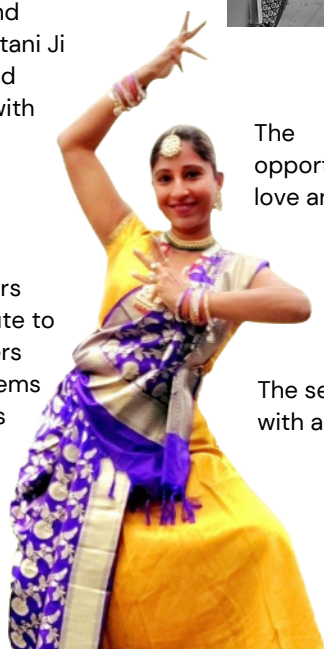
MOTHER'S DAY CELEBRATIONS & PHYSIOTHERAPY SESSION

The Bhartiya Samaj seniors at South Auckland and Mt Roskill celebrated Mother's Day on May 2 and May 14, respectively.

The celebrations began with a ritual prayer, birthday celebrations of seniors, and a short fitness session by Ella Kumar Ji, a health and fitness professional.

Ramya Negi Ji and the 'Khote Sikke' Female Dance group enthralled the audience with their performances and renowned singers Gopal Bhatia Ji and Ankita Ghatani Ji mesmerised everyone with popular Bollywood songs.

Some seniors gave a tribute to their mothers through poems while others sang in honour of their beloved Maa.



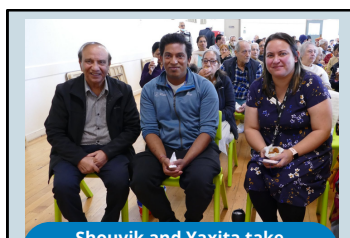
Mother's Day celebrations at Mt Roskill

The celebration was an opportunity for all to express the love and profess the gratitude

that we hold in our hearts for our mothers, who have made us the individuals we are today.

The seniors concluded the event with a hearty lunch.

It gave seniors an opportunity to catch up with fellow members again and redeem a sense of community.

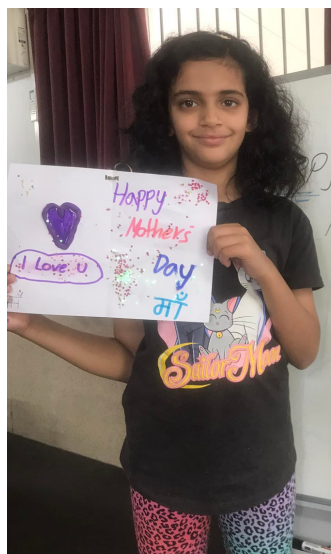


Shouvik and Yaxita take a workout session

In Collaboration with Auckland Council and Prana Physiotherapy, Bhartiya Samaj held another fantastic and informative meeting on May 28 at the Mount Roskill War Memorial Hall. Shouvik Nandi ji and Yaxita Patel ji from Prana Physiotherapy led an incredible exercise session for seniors. A lucky draw for free vouchers was also conducted. BSCT distributed gifts in partnership with the Auckland Sikh Society, and delectable Indian food packets from Regal Kitchen.

The Mother's Day celebrations were also abuzz at Bal Vikas Language and Cultural Classes. Children prepared special presents - biscuit balls and creative handmade greeting cards for their mothers.

Our mother's love once again brought us all together to revel in our celebrations with one another.



At Bal Vikas Language & Cultural Classes

APRIL-JUNE 2022

WORLD ELDER ABUSE AWARENESS DAY & MATARIKI CELEBRATIONS

Bhartiya Samaj Charitable Trust organised a senior citizens' meeting on June 11 at Mount Roskill War Memorial Hall to commemorate the World Elder Abuse Awareness Day 2022 and conducted a workshop on Elder Abuse on June 7 at Flatbush Community Hall.

Both the events began with regular rituals including prayers and workout sessions.

Senior Sergeant Gurpreet Arora Ji MNZM delivered a talk at the workshop to spread awareness about elder abuse. The workshop was followed by a one-on-one interaction with seniors. A unique "Elder Abuse Hurts at any Age" activity was also organised to find words related to abuse, abuse prevention, abusive words, and more.

Thanks to Regal Kitchen and Auckland Sikh Society, seniors enjoyed a scrumptious ready-to-eat packed Indian meals.

The World Elder Abuse Awareness Day celebrations on June 11 at Mt Roskill witnessed the attendance



Dignitaries attend the World Elder Abuse Awareness Day 2022 celebrations at Mt Roskill.



Senior Sergeant Gurpreet Arora Ji MNZM talks to seniors.

of hundreds of seniors and many dignitaries including Honorary Consul of India in Auckland honourable Bhav Dhillon ji, NZICA Auckland President Narendra Bhana ji, Auckland Indian Association President Dhansukh Lal ji, co-chair Auckland council's

senior advisory panel Gayle Marshal ji, project manager of Shanti Niwas Vishwa Sharma, social worker at NZ Ethnic Social Services Jestine Kuriakose ji and member of Puketāpapa Local Board of Auckland Council Bobby Shen ji.



BSCT reflected on the significant occasion for its Māori friends. BSCT's patron Dr. Bruce Hucker ji enlightened the members over the importance of Matariki for Māori and for all who live in Aotearoa.

A session by Jai ji and Shalini ji from Aotearoa Sustainability Group (ASG) on waste management was an eye opener. It was followed by a melodious performance by well-known radio presenter and singer Gopal Bhatia ji, Jaishree ji and Vidya Teke ji.

Bhartiya Samaj also received the best wishes from the Minister of Ethnic Community Honourable Priyanca Radhakrishnan Ji.

The event saw a neat blend of drama and dance with talented members of Bhartiya Samaj and Roopa Aur Aap putting up an intriguing skit to spread awareness about elderly abuse.

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BAL VIKAS

LANGUAGE & CULTURAL CLASSES



The children wing of Bhartiya Samaj Charitable Trust runs free of cost regular language and cultural classes for children aged 6–14 years on Sunday. The classes include teaching language, imparting cultural knowledge and inculcating interpersonal skills.

When:

Every Sunday 10:30am till 1:30 pm (Excluding term breaks)

At:

Bhartiya Samaj Hall, 13 May Road, Mt Roskill, Auckland.

For registration, call 0220398563/ 096200579

ABOUT US



Jeet Suchdev QSM JP

Chairperson
Bhartiya Samaj Charitable Trust
BSCT

Bhartiya Samaj Charitable Trust is a not-for-profit organisation that has been serving the community since 1995. Founded by Mr. Jeet Suchdev QSM JP and Ms. Roopa Suchdev QSM along with other like-minded people, the organisation is one of the largest multi-faith South Asian community groups with members from across Aotearoa.

We offer a wide range of services through our Senior Citizens' Wing, Children Wing; Youth Wing, New Migrants Support Wing and Social Services Wing.

Get In Touch

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